



MADELINE ISLAND SCHOOL of the ARTS

978 Middle Road, PO Box 536, La Pointe, WI 54850

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Lisa Binkley

Materials List

Print, Compose, Stitch: Creating a Botanically-Printed Quilt

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Supply List:

- Up to 3 yards of **undyed** fabric to be dyed and/or printed. The fabrics can be wool, silk, cotton, linen, rayon, a blend of natural fibers (no synthetics), or some of each. If you're using wool, lighter-weight wool such as gabardine, challis, or suiting fabric is ideal. Fabrics will NEED to be cleaned/scoured ahead of the workshop. Instructions for doing this will be sent separately.
- An equal number of yards of fabric to be used for “blankets”—this can be muslin, cotton, French terry cloth, etc. Make sure to have a balance of blanket fabric weight that is equal to the weight of the primary fabric to be printed.
- OPTIONAL undyed hand-quilting/sewing threads such as #8 and #12 pearl cotton, embroidery floss, sturdy silk thread, etc.
- Fabric scissors
- A measuring tape or long ruler (approx. 24")
- Fitted vinyl or rubber gloves (an extra pair or two would be helpful)
- Clothes that can get messy, as well as close-toed shoes (for the first 3 days)
- A spool/ball of undyed, strong string, twine, or sturdy, non-stretch yarn such as crewel embroidery yarn (white or off white) for tying dye bundles.
- OPTIONAL: A variety of local leaves, seeds, and some flowers that you love. A variety of local leaves, seeds, and some flowers that you love. Good options for printing include: all kinds of oak leaves, all kinds of maple leaves (especially Japanese maple leaves), catalpa leaves and seed pods; sumac (except poison sumac) leaves and seeds; peony leaves, rose leaves, raspberry leaves, strawberry leaves, eucalyptus leaves and seeds clusters; fern fronds; perennial geranium leaves; and many other thin but sturdy and heavily-veined leaves (succulent-type leaves don't work); goldenrod flower clusters, oxalis varieties, lupine leaves, coreopsis... We will also collect plant material locally once we're in the workshop area.



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- Sewing supplies for Days 4-5:
 - You can sew by machine or hand; it's up to you. Bring your sewing machine or check with MISA staff about options if you would like to sew by machine. Then bring neutral colored sewing threads that will work with your dyed and printed fabrics. If you prefer to sew by hand, bring hand-sewing supplies including needles and coordinated threads (sewing thread, size 8 or 12 pearl cotton, etc.). Hand-sewing needles such as size 7 embroidery needles and size 24 chenille needles are ideal for hand stitching with pearl cotton thread.
 - Sewing/straight pins for pinning fabrics together
 - OPTIONAL: Safety pins for pin basting
 - Thin quilt batting (cotton, wool, or a natural blend) and backing fabric if you would like to make your dyed and printed fabrics into a quilt
 - A garment pattern if you would like to make your printed and dyed fabrics into a garment
 - Whatever other hand sewing supplies you like to use (thimbles, thread wax, embroidery hoop, safety pins for basting layers together, etc.)