



MADELINE ISLAND SCHOOL of the ARTS

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**Kathy Doughty**  
***Bird in the Moon***

Gather fabrics that you love and want to explore...go wild! Have fun and if you need help deciding what to bring I am an email away at [kathy@materialobsession.com.au](mailto:kathy@materialobsession.com.au) for advice!

**Materials:**

Background:

1-2 yds – your background fabric will set the mood for the project. It is an idea to have 2-3 options if possible.

Applique: Imagine a garden or scene and select fabrics that relate to your idea or just grab colors you like. The sample photo uses mostly Kaffe Fassett Collective in a range of warm and cool colors as well as lights, mediums and darks for the flowers and birds.

Fat quarters of a range of interesting fabrics including:

- Graphic prints
- A range of colors from bright to shadow
- Fussy cutting (to fussy cut you made need more so consider repeats)

Stems:

½-1yd of a variety of stems

- Stems create the lines of the project so make sure they contrast in value or intensity with your background fabric. Think about texture so stripes or spots are good.

**Tools:**

Wash Away Applique Paper – this is a water soluble adhesive. A Popular brand that are readily available are Wash Away Paper by C&T Products which is available on Amazon.

Applique Pins

Fabric Glue stick and refills

Wonderfil Efina 60wt thread in neutral colors

John James Millners needles size 10

Bohin Chalk Pencil (crayon variety)

Freezer Paper

General Sewing supplies

Design wall

Sketching paper

Wool Pressing mat and mini iron

Best Press – no scent preferred