



MADELINE ISLAND SCHOOL of the ARTS

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Materials List
for
Paula Kovarik's
At Play in the Garden of Stitch

Sewing machine

Must have the ability to do free-motion quilting (**double check that you have a free-motion foot that works**)

Fabric and batting

Please cut into 14" x 14" squares

- 1.5 yards of **dark** solid cotton fabric
(for example: black, navy, dark green)
- 1.5 yards of **light** solid cotton fabric (for example: white, yellow, pink)
- 3 yards of backing fabric (your choice, solid or patterned)

14" x 14" squares of batting for each pair of fabric squares (any kind is fine but you may want to experiment with several kinds.)

Thread

At least one spool of black and one spool of white quilting thread (*I prefer YLI brand 100% Long staple cotton, TEX 40 or Aurafil Mako 40 wt cotton thread*). You may also bring other colors. Be sure that they contrast with the colored fabrics you are bringing.

Needles for your machine

I use 90/14 or 100/16 needles with 40 wt threads. You can also try Topstitch needles.

Notions (your favorites)

- Chalk marker
- Scissors
- Rotary cutter
- Ruler

Office supplies

- Journal, legal pad or diary to keep notes
- One fine tip **dry erase** marker in black
- 2 Pilot Precise V5 pens in black



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- A way to capture images: digital camera, computer tablet, smartphone.
- Your ideas and patience.

- **A quilt you are willing to cut up (optional)** Re-using quilts as raw materials can be liberating and challenging. We will be cutting up some of the stitch samples we create in class but you can bring something of your own to play with too. We may even share with each other.

If you have any additional questions about this class, please contact me at: paula@sogray.com
www.paulakovarik.com