

## **Materials List for Paint Yourself Free!**

### **With Joan Fullerton**

**Brushes:** Inexpensive 2” hardware brush and a 1” synthetic flat brush, no need for good brushes

Brayer, hard rubber one any size

**Acrylic Paint:** a handful of colors plus black and white. I use gesso for black and white, and my most used colors are Golden Quinacridone Nickel Azo Gold, Turquoise (Phthalo), Quinacridone Crimson, in fluid acrylics in 1 oz bottles. Heavy Body acrylics in tubes are fine. Feel free to bring your favorites!

8 large substrates. Your choice: 140 lb. or 300 lb. watercolor paper and/or stretched canvas and/or cradled wood panels

(I will use w/c paper and Cheap Joe’s 3/4” unprimed cradled panels.)

...I will work on full and half sheets of w/c paper and 24x24 wood panels.

2 small 8x8 or 10x10 paper substrates these can be heavy paper, mat board, etc.

Soft lead pencil

Small travel-size spray bottle (from Target, Walmart, Dollar Store)

At least one water-soluble colored pencil, I like Intense Pencils by Derwent

Vine Charcoal: one stick

Small piece of sandpaper.

Textured patterned collage papers (I use pages of an old book, sewing patterns, tissue and rice papers.)

Xerox copies (not inkjet)-I use black and white images of metaphorical textures, seed pods, flowers, raindrops, cracked asphalt, trees, etc.

Stencils if you do not have any, no worries, I will share.

**Adhesive:** 16 oz (or larger) of regular gel medium or soft gel, either gloss or matte. This will be used for collage and texture

Palette: Anything to mix paint on....Joan's been using newspaper and then using it later for collage material.

Plastic bag for garbage

Water container for brushes

Paper towels

Scissors

Hand Protection: latex gloves or barrier cream Apron or a smock

Journal/Notebook: for notes, ideas, drawing, etc.

**The most important thing to bring is your sense of adventure!**

Students are responsible for bringing their own art supplies. Joan will share stencils and High Flow paint with them.