



## Briggs & Goesling Workshop Supply list

When traveling, we always suggest you minimize your supplies so it's lightweight, easier to set up and start painting. Bring what you already have and/or use the watercolor supplies we recommend. Above are some samples of our supplies. Our selection of colors are listed on the next page.

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**Watercolor Palette:** We use the Heritage or Miello brand 18 well palette/Same palette different pricing. Fill your wells full and let your paint dry completely before traveling.

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**Watercolor Brushes:** We suggest the Dynasty Black Gold 311 Quill Size 4 or 2 and Size 0 available at Dick Blick or [TheBrushGuys.com](http://TheBrushGuys.com) Or Rosemary Series 304. If not available: Utrecht Sablette Size 10 or 12, or Utrecht 6150 R Size 10. It's good to have 2 brushes in case you lose one. Put your brushes in a brush holder to protect the tips.

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**Pens & Pencils:** 0.3 point Permanent Artists Pens such as Faber Castell Artist Pitt or Rotring in Black and Sanguine (other colors your choice), White Signo Uni-ball or White Gel Pen, Mechanical Pencil(s) & kneaded eraser.

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**Watercolor Paper:** We suggest using a watercolor journal for travel, or if you prefer a watercolor block. Make sure you have 140# Cold Press Watercolor paper. The size is up to you, approximately 7" x 10" or 9" x 12". Our favorite paper is 100% cotton by Fabriano. We often use the Etcher Signature Series Journal or less expensive Canson Journal. A spiral binding or glued and stitched binding works best. A few pieces of scrap watercolor paper is nice to have to test colors.

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**Watercolor Supplies:** Water Bucket, Mr. Clean Magic Eraser (no soap), Watercolor Spray/Spritz Bottle (Holbein recommended), Glue Stick (optional), Artist White Tape or Holbein Soft Tape (optional), Paper Towels or a travel towel you can reuse, Brush Holder - there are many versions, a simple bamboo place mat would do. Comfort bag to carry supplies.

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**Professional Quality Watercolors:** See next page for our list of Daniel Smith colors.

# The Cindy Briggs & Theresa Goesling Watercolor Palettes

**Note:** There are only a couple differences in Cindy and Theresa's palettes, we have put our names in parenthesis by these colors that are listed. (White and New Gamboge). All the other colors can be closely achieved by mixing colors in our palettes. You are always welcome to use your own palette of colors.

## DANIEL SMITH EXTRA FINE WATERCOLORS

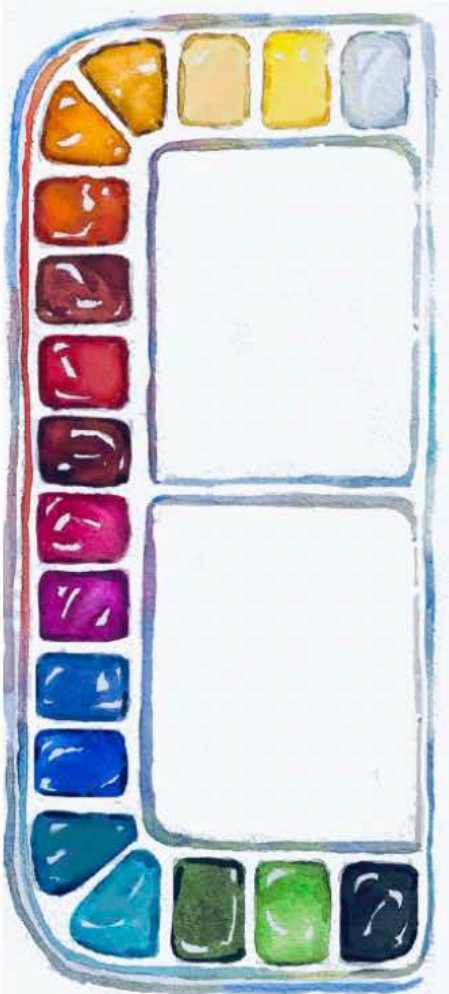
You can use similar colors in professional grade watercolors such as Windsor-Newton, Holbein, Cheap Joes. The watercolors come in a tube and you squeeze the paint in generously a few days before class so they are mostly dry. Colors listed in order of placement in palette above from right to left like a color wheel. If you have a limited budget you can use our 5 color palette listed in **RED**. Or the underlined 9 Color\* palette. Any colors you already have will be fine.

- **Titanium White** - mixes to make lovely pastel colors (Theresa)
- **Lemon Yellow\*** - primary color - cool yellow mixes well with most colors
- New Gamboge - a warm sunflower yellow (Cindy)
- **Naples Yellow** - a warm creamy sunny yellow used on European walls/sand/portraits
- **Yellow Ochre** or Verona Gold Ochre - warm earthy yellow great for landscapes
- **Quinacridone Gold\*** - warm glowing yellow mixes well with greens and roses
- **Burnt Sienna** (Theresa) - warm brown great to mix with warms and cools on your palette
- **Permanent Brown\*** - warm earthy rich red brown, add some blue to mix Burnt Sienna
- **Pyroll Orange** - warm color that I often drop into shadows for reflective light
- **Cadmium Red Hue\*(Cindy)** or **Permanent Red Deep** (Theresa)- traditional reds - "hue" = NO cadmium in these.
- **Quinacridone Rose\*** - cool & a primary for mixing
- **Rose of Ultramarine (Cindy) &/or Quinacridone Magenta** (Theresa)
- **Lavender** - amazing color for shadows, French shutters, we use it in most of our paintings
- **Cobalt Blue\*** &/or **Ultramarine Blue** - cool blue skies & sometimes in shadows
- **Phthalo Blue Green Shade\*** (Cindy) or **Phthalo Turquoise** (Theresa) primary cool great mixing blues
- **Cobalt Teal Blue** - cool opaque blue that you can drop in for a surprise accent
- **Green Apatite Genuine\*** - earthy warm green, add Quin. Gold to make Rich Green Gold
- **Phthalo Yellow Green** - sunny green used where the sunlight hits trees, plants, etc
- **Neutral Tint\*** - MIX with all your colors for rich darks and neutrals.

*FYI Optional Color: Only used fresh out of the tube: Buff Titanium. Buff is a warm off-white color great for sand and mixing.*



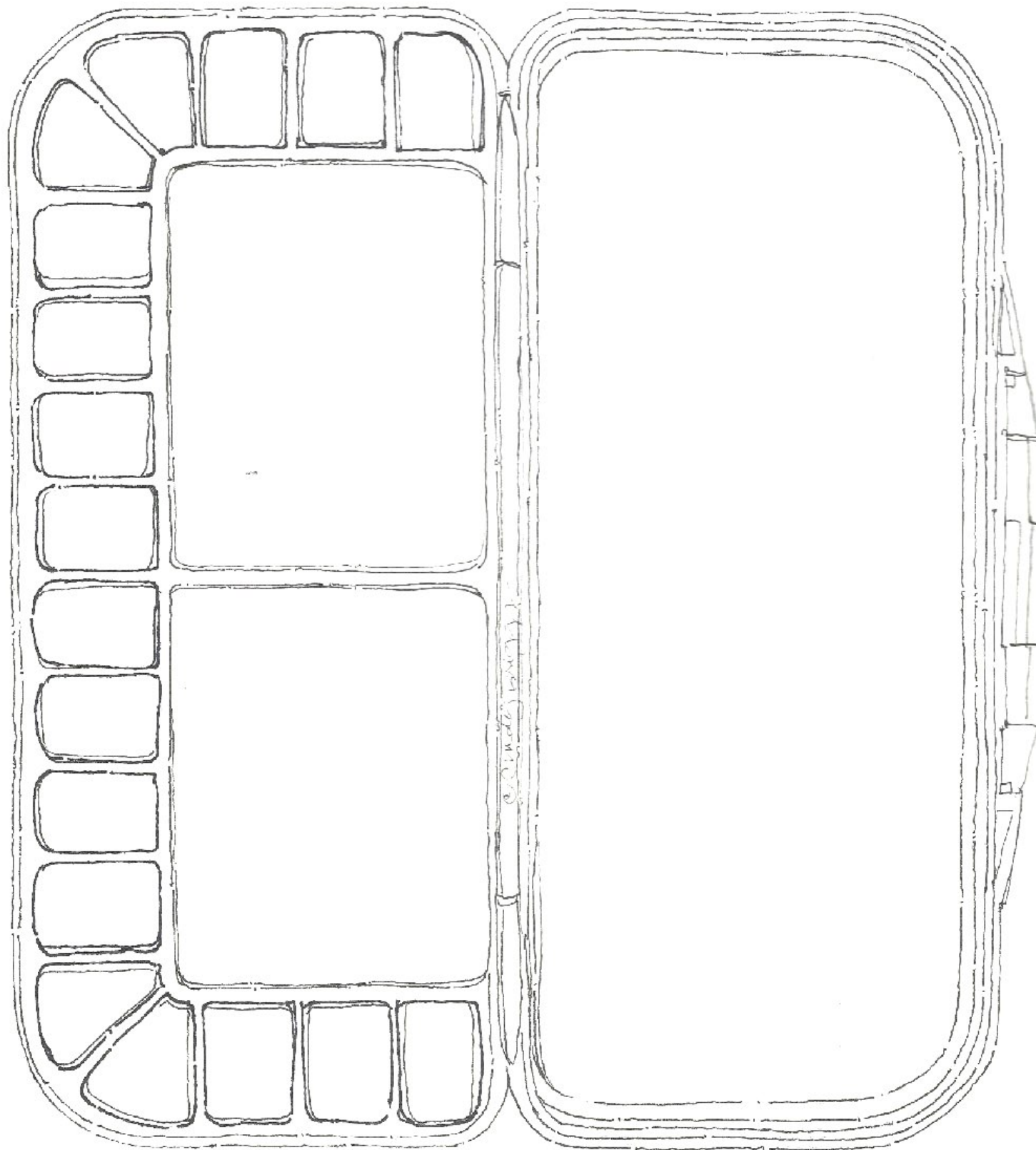
*Cindy Briggs*  
FINE ART



*Theresa Goesling*  
THERESA GOESLING.ART



**You can create your own palette map of colors.  
Trace onto Watercolor Paper and paint in your select colors.**





**Tips:** Dress in layers, wear sunscreen and a HAT. We'll do our best to find you a shady spot. Keep valuables safe by wearing a belt or crossbody bag. Sit with a friend so you can watch out for each other.



# Painting en Plein Air

*The less you carry the more you'll paint.*

Painting on location is both a joy and a challenge. I prefer having the on-location experience to connect with my subject, to see it and feel it. Painting a scene in person makes it a personal experience and it shows in your work. **What do you really need beyond basic supplies?**

**Optional:** I actually prefer having my own comfortable chair/stool, and a small lightweight camp table to put my supplies on. That way I can paint on my lap. (See samples below)

When teaching, we may use a Plein Air Pro Travel Easel. It comes with a tripod and a plastic palette holder and backboard, a water container and a backpack. Theresa is using an Etsy Plein Air Travel Easel by Silver Lock Designs - it's lighter and has an easy set up. Bungie cords or bands are handy to hold your journal or block in place.

As you see left, many of our students find a comfortable spot and paint on ledges or benches. **Keep it simple.**



You need something to put your paints and water on. So go with an easel or Chair/ Stool & Table. Samples available on Amazon and sporting goods sites.